

MCC DANCE ACADEMY PRESENTS

# ADULT DANCE CLASSES 2018

# FRIDAY DROP IN'S

## \$10 DROP IN CLASS

### *Adult Jazz* - JANUARY 26 / 7-8 P.M.

BRANDON AVERY



“Dust off your leotards and leg warmers, tanks and jazz pants, or sweatsuits!! Head over to the Matteson Community Center on Friday, January 26, at 7:00 p.m. where instructor Brandon Avery will lead you through a class full of isolations and pelvic presses to retro and current tunes. Register now and be in the number for this funky LITuation!!”

### *Afro-Contemporary* - FEBRUARY 23 / 7-8 P.M.

VERSHAWN WARD



“Are you a House head??? You will love this class! Afro-Contemporary is an Afro-Diaspora movement practice that fuses West African, Dunham-based modern and Chicago house dance. This high energy class works to build stamina, flexibility and burns lots of calories!”

### *Adult Lyrical* - MARCH 23 / 7-8 P.M.

DOROTHY CALDWELL



“This class is designed for the “closet” dancer, students will learn basic movements of dance and will be encouraged to use learned movements to create dance compilation and dances. Dance genres will include modern, jazz, and some ballet, Class is designed to be light and fun.”

REGISTER TODAY! MATTESON COMMUNITY CENTER

20642 MATTESON AVE, MATTESON IL 60443