



# Matteson Community Center Weekly Gymnasium Schedule\*

Monday 11/12		
Gym Walkers	6:00am-9:00am	All Courts
Open Gym	8:00am-12:00pm	Court B
Silver Sneakers	8:00am-12:00pm	Court A
18 & Over	12:00pm-3:00pm	All Courts
Youth/High School Open Gym	3:00pm-8:00pm	Court A
Strength and Conditioning Training	7:00pm-9:00pm	Court B
18 & Over	8:00pm-10:00pm	Court A
Tuesday 11/13		
Gym Walkers	6:00am-9:00am	All Courts
Open Gym	8:00am-2:30pm	Court B
Youth/High School Open Gym	2:30pm-7:30pm	All Courts
RG2 Basketball Academy	7:30pm-9:00pm	Court B
18 & Over	7:30pm-10:00pm	Court A
Wednesday 11/14		
Gym Walkers	6:00am-9:00am	All Courts
Open Gym	8:00am-12:00pm	Court B
Silver Sneakers	8:00am-12:00pm	Court A
18 & Over	12:00pm-2:30pm	All Courts
Youth/High School Open Gym	2:30pm-5:00pm	Court A
50 and Over Basketball League	5:00pm-10:00pm	All Courts
Thursday 11/15		
Gym Walkers	6:00am-9:00am	All Courts
Silver Sneakers	8:00am-12:00pm	Court A
Open Gym	8:00am-12:00pm	Court B
18 & Over	12:00pm-3:00pm	All Courts
Youth/High School Open Gym	3:00pm-5:00pm	Court A
Fall Men's Basketball League	5:00pm-10:00pm	All Courts

Friday 11/16		
Gym Walkers	6:00am-9:00am	Court B
Open Gym	8:00am-10:00pm	All Courts
Saturday 11/17		
Woori Kick For The Cure	8:00am-8:00pm	All Courts
Open Gym	8:00pm-10:00pm	All Courts
Sunday 11/18		
Open Gym	8:00am-2:00pm	Court A
Next Level	9:00am-12:00pm	Court B
Open Gym	2:00pm-5:00pm	All Courts

## ADDITIONAL INFORMATION

**Members** - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for Members.

\*Individuals who do not meet listed age requirements during designated time slots are NOT permitted in the gym.

**Open Gym Pass Holders** - Can use pass during the age appropriate Open Gym times. Can also participate during Member only times as long as a Adult Member is directly supervising them. Supervision is always required.

\*Schedule subject to change

