



Matteson Community Center Weekly Gymnasium Schedule*

Monday 10/9		
Open Gym	5:30am-8:00am	All Courts
Silver Sneakers	8:00am-12:00pm	Court A
Open	8:00am-2:30pm	Court B
Youth/High School Open Gym	2:30pm-7:45pm	All Courts
18 & Over	8:00pm-10:00pm	All Courts
Tuesday 10/10		
Open Gym	5:30am-2:30pm	Court B
Silver Sneakers	9:30am-11:30am	Court A
Youth/ High School Open Gym	2:30pm-7:45pm	All Courts
18 & Over	8:00pm-10:00pm	All Courts
Wednesday 10/11		
Open Gym	5:30am-2:30pm	Court B
Kidney Screening	9:00am-4:00pm	Court A
Youth/ High School Open Gym	2:30pm-6:00pm	Court A
Men's 50 and Over League	6:00pm-Close	All Courts
Thursday 10/12		
Open Gym	5:30am-2:30pm	Court B
Silver Sneakers	8:30am-11:00am	Court A
Open Gym	11:00am-2:30pm	Court A
Youth/ High School Open Gym	2:30pm-7:45pm	Court A
Bitty Ball Clinic	6:00pm-7:00pm	Court B
18 & Over	8:00pm-Close	All Courts

Friday 10/13		
Open Gym	5:30am-11:30am	Court B
Silver Sneakers	9:30am-11:30am	Court A
Open Gym	11:30am-2:30pm	All Courts
Youth/High School Open Gym	2:30pm-7:00pm	All Courts
Open Gym	7:00pm-10:00pm	All Courts
Saturday 10/14		
Next Level	9:00am-1:00pm	Court B
Open Gym	7:00am-10:00pm	Court A
Open Gym	1:00pm-10:00pm	All Courts
Sunday 10/15		
Next Level	9:00am-1:00pm	Court B
Open Gym	9:00am-1:00pm	Court A
Youth/High School Open Gym	1:00pm-5:00pm	Court A
18 & Over	1:00pm-5:00pm	Court B

ADDITIONAL INFORMATION

Members - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for Members.

*Individuals who do not meet listed age requirements during designated time slots are NOT permitted in the gym.

Open Gym Pass Holders - Can use pass during the age appropriate Open Gym times. Can also participate during Member only times as long as a Adult Member is directly supervising them. Supervision is always required.

*Schedule subject to change

