



Matteson Community Center Weekly Gymnasium Schedule*

Monday 8/20		
Gym Walkers	5:00am-8:00am	All Courts
Open Gym	8:00am-12:00pm	Court B
Silver Sneakers	8:00am-12:00pm	Court A
18 & Over	12:00pm-3:00pm	All Courts
Youth/High School Open Gym	3:00pm-8:00pm	All Courts
18 & Over	8:00pm-10:00pm	All Courts
Tuesday 8/21		
Gym Walkers	5:00am-8:00am	All Courts
Open Gym	8:00am-12:00pm	Court B
Silver Sneakers	8:00am-12:00pm	Court A
18 & Over	12:00pm-2:30pm	All Courts
Youth/High School Open Gym	2:00pm-7:30pm	All Courts
18 & Over	7:30pm-10:00pm	All Courts
Wednesday 8/22		
Gym Walkers	5:00am-8:00am	All Courts
Open Gym	8:00am-12:00pm	Court B
Silver Sneakers	8:00am-12:00pm	Court A
18 & Over	12:00pm-2:30pm	All Courts
Youth/High School Open Gym	2:30pm-7:30pm	All Courts
18 & Over	7:30pm-10:00pm	All Courts
Thursday 8/23		
Gym Walkers	5:00am-8:00am	All Courts
Silver Sneakers	8:00am-12:00pm	Court A
Open Gym	8:00am-12:00pm	Court B
18 & Over	12:00pm-3:00pm	All Courts
Youth/High School Open Gym	3:00pm-8:00pm	All Courts
18 & Over	8:00pm-10:00pm	All Courts

Friday 8/24		
Gym Walkers	5:00am-8:00am	Court B
Open Gym	8:00am-10:00pm	All Courts
Saturday 8/25		
Alpha Kappa Alpha	7:00am-5:00pm	All Courts
Open Gym	5:00pm-10:00pm	All Courts
Sunday 8/26		
Open Gym	8:00am-5:00pm	All Courts

ADDITIONAL INFORMATION

Members - Courts can be used anytime they are available & during age appropriate Open Gym times. No supervision is required for Members.

*Individuals who do not meet listed age requirements during designated time slots are NOT permitted in the gym.

Open Gym Pass Holders - Can use pass during the age appropriate Open Gym times. Can also participate during Member only times as long as a Adult Member is directly supervising them. Supervision is always required.

*Schedule subject to change

