



Matteson Aquatic Fitness Center



Monday 11/05	Tuesday 10/06	Wednesday 10/07	Thursday 11/08	Friday 11/09	Saturday 11/10	Sunday 11/11
Open Swim 6:00AM-9:45PM	Open Swim 6:00AM-6:00PM	Open Swim 6:00AM-9:45PM	Open Swim 6:00AM-5:30PM	Open Swim 6:00AM-7:00PM	Open Swim 7:00AM- 8:00AM	Open Swim 8:00AM-4:45PM
CE LTS Swim School 7:00-10:30 AM	AquaFit Zumba 8:30-9:30 AM	CE LTS Swim School 7:00-10:30 AM	CE LTS Swim School 4:40-6:00 PM	Aqua Fit Strength 8:00-8:50 AM	Aqua Fit Endurance 7:10-8:00 AM	CE LTS Swim School 8:00-11:30 AM
Aqua Fit Endurance 8:00-8:50 AM	Therapy Pool Closed 1:00-2:00 PM	Aqua Fit Zumba 10:00-10:50 AM	CE LTS Swim School 5:30-8:00 PM	Aqua Fit R.O.M.E 9:00-9:50 AM	CE LTS Swim School 8:00-10:45 AM	
Aqua Fit Flexibility 9:00-9:50 AM	CE LTS Swim School 4:40-6:00 PM	CE LTS Swim School 1:00-1:40 PM	Torpedo Team Practice 5:30-7:00 PM	CE LTS Swim School 1:00-1:40 PM	SSSRA Swim Team (2) 10:45-12:00 PM	
CE LTS Swim School 1:00-1:40 PM	Torpedo Team Practice 5:30-7:00 PM	CE LTS Swim School 4:40-8:00 PM	AquaFitWaterFitness 7:30-8:20 PM	CE LTS Swim School 5:20-6:40 PM	Wibit Event Session 1 2:00-4:00 PM	
CE LTS Swim School 4:40-8:00 PM	CE LTS Swim School 6:00-8:00 PM				Pool Party Room A 3:00-6:00 PM	
SSSRA Aerobics 6:45-7:15 PM	Aqua Fit Water Fitness 7:30-8:20 PM				Wibit Event Session 2 4:30-6:30 PM	
	Open Swim 8:00PM-9:45PM		Open Swim 8:00PM-9:45PM		Open Swim 10:45AM-9:45PM	
Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 4:45 PM
<p>Non-swimmers & children 6 & under must be an arms length away from an adult/guardian at all times. Children 12 & under must be accompanied by an adult at all times. Only US Coast Guard approved flotation devices are allowed in pool. No exceptions. Mermaid fins and other like devices are not permitted. All flotation devices are subject to staff inspection. Coaching or conducting swim lessons without permission from CELTS/MCC is prohibited. No exceptions. Pool & Pool area will be evacuated & deck cleared during thunderstorms and fire alarms. Any program in red represents when the pool is closed for younger than 18yrs. During these times, there is one adult lap lane (18yr+circle swim required) and the Therapy Pool (18yr+.) is open unless specified. Therapy Pool closed times are in gold. This schedule is subject to change by pool management at anytime.</p> <p>Due to Safety Issues, SCS Pool Staff Reserves the Right to Check IDs of Members and Guests Before Pool or Spa Usage. For Questions and Concerns, Please See Pool Management and Refer to Facility Posted Rules.</p> <p>Register for swim lessons now at Swimmatteson.com</p>						
CE LTS Programs & 18yr+ Lap Swim	Open Swim All Ages	Aqua Fit Aerobics	Therapy Pool Closed	Special Event	Pool Closed	Lap Lane Used () = Lanes Used